

# Camp Hope is ...

A two-night, three-day camp for children and teens age 6-17 who have experienced the death of someone they loved. Grief is a normal response to death, and children grieve differently from adults. Children grieve in spurts, and express their grief using art and play.

Camp Hope is set up according to the child's age and developmental level. Campers are placed in groups according to their age, and participate in grief activities and fun play activities. The grief and fun activities are alternated because that is how children grieve.

Camp Hope provides a safe place for children and teens to interact with peers who have experienced similar losses. Campers can express their feelings of grief, learn coping skills and most importantly, begin a healthy healing process.

There is no charge to attend Camp Hope. The Lutheran Home Care Agency's Hospice of Hope receives grants and generous donations to help fund the camp each year.



It doesn't matter how long ago the loved one died. What matters is how the child is dealing with the death and the relationship the child had with the deceased. Children can have a grief reaction to a death that happened many years before. Because of the significant missing role of the loved one, the child may have a delayed grieving period as they come to understand how the absence affects their life.

Camp Hope is held at Camp Lael in Lapeer County, (on Ferns Road not far from Pero Lake) annually in late summer.

Applications are accepted each spring. They may be obtained by calling the Lutheran Home Care Agency's Hospice of Hope at **989.652.4663**, e-mailing **hospiceofhope@agingenriched.org**, or going to our Web site **www.AgingEnriched.org**.



## Accommodations

Campers and trained adult staff stay together in cabins. Camp Lael provides fun, well-balanced meals. Both indoor and outdoor areas are available for activities.

## Activities

- Special arts and crafts activities
- Swimming (weather permitting)
- Self-esteem and team-building games
- Challenge course
- Movies
- Campfires and night hikes
- Non-denominational memorial service
- New friendships



## Volunteering

Trained staff of the Hospice of Hope Bereavement Program and community volunteers help make Camp Hope a reality.

### Volunteer opportunities include:

- Camp helper
- Group facilitator
- Check-in volunteer
- Program preparation
- Cabin mate

### Volunteers are required to undergo specialized training to learn about:

- Childhood grief
- The camp philosophy
- Ways to support grieving children and teens

## How to help ...

Camp Hope thrives because of dedicated volunteers and generous gifts from people just like you.

### Here is how you can help:

- I would like to make a tax-deductible donation to support Camp Hope.
- I would like to receive information about volunteer opportunities at Camp Hope.
- I know a child or teen that could use Camp Hope. Please send me an application.

Name \_\_\_\_\_

Street address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

### Donation information

- My check in the amount of \$\_\_\_\_\_ is enclosed.  
*Make checks payable to: Hospice of Hope - Camp Hope*
- Donate online at: [www.AgingEnriched.org](http://www.AgingEnriched.org)

Please return this card to:

**Hospice of Hope**  
9710 Junction Road, Suite A  
Frankenmuth, MI 48734

989.652.4663

[hospiceofhope@agingenriched.org](mailto:hospiceofhope@agingenriched.org)  
[www.AgingEnriched.org](http://www.AgingEnriched.org)

## About us ...

Camp Hope is part of the Lutheran Home Care Agency's Hospice of Hope Bereavement Program. All are ministries of Lutheran Homes of Michigan



## Our Mission

As Christ's servants on earth, Lutheran Homes of Michigan serves the elderly and their caregivers with compassion, respect, spiritual support and an unwavering focus on independence, personal dignity and service excellence.

## Our Values

Christ-centered  
Integrity  
Excellence  
Empowerment  
Sanctity of Life

**Learn more at:** [www.AgingEnriched.org](http://www.AgingEnriched.org)  
**E-mail:** [hospiceofhope@agingenriched.org](mailto:hospiceofhope@agingenriched.org)  
**Phone:** 989.652.4663



**Hospice of Hope**  
*A Service of Lutheran Homes of Michigan*

# Camp Hope



## A Bereavement Camp *for* Children & Teens

**Serving children  
in mid-Michigan  
who have suffered a loss  
through the death  
of a loved one.**